Mediation Analysis: A Case-Study

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Sea Lice on Salmon

• Lepeophtheirus salmonis







Motivating Example



Parasitic sea louse infestations on wild sea trout: separating the roles of fish farms and temperature

Knut W. Vollset, Lars Qviller, Bjørnar Skår, Bjørn T. Barlaup and Ian Dohoo

Parasites and Vectors, 2018 Nov 29;11(1):609

Motivating Example



ele – Estimated lice exposure



Variables

Variable	mean	min	max
temp	9.83	5.96	13.84
ele	14.02	9.22	17.44
N_attch	24.7	0	770
N_mob	11.8	0	105
Standardized Va	ariables		
temp	0	-1.93	2.00
ele	0	-2.28	1.62
N_attch	0	-1.44	2.59
N_mob	0	-1.42	2.06
	С	FR	

Attached Lice



	Coeficient	Р	95% Confide	ence Interval
negative binomial				
temp	-0.166	0.073	-0.348	0.016
ele	0.909	0.000	0.703	1.114
temp*ele	0.803	0.000	0.614	0.991
ele2	-0.545	0.000	-0.716	-0.374
intercept	2.960	0.000	2.805	3.115
alpha	1.074		0.877	1.315
zero inflation				
ele	-1.016	0.000	-1.398	-0.634
intercept	-2.006	0.000	-2.473	-1.538
		_ & _		
		C\∜E]	R -	





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and the second se				

- LR test comparing NB and ZINB highly sig.
- ele only factor affecting zero inflation
 - p(zero) goes down linearly with ele



Marginal Estimates

Marginal Estimates - ZINB model



Motivating Example



ZINB vs linear regression

- no software for mediation analysis based on NB regression
- NB regression models log(count)
- would a linear model of log(count) suffice ?



ZINB vs linear regression

Variable	ZINB	Linear
temp	-0.206*	-0.103
ele	1.0866***	1.084***
ele2	-0.662***	-0.430***
temp*ele	0.815***	0.688***
Intercept	2.871***	1.921***

* P<0.05 ** P<0.01 *** P<0.001

correlation of predicted values: 0.993

Mediation Analysis

- effect of temp
 - is it mediated through *ele* ?
 - allow for interaction between temp and ele
- Stata: medeff-
 - user specifies change in *temp* to consider
- R: medflex-
 - results for a 1 SD change in temp

Direct Effects

effect of temp that are NOT mediated through ele

Effect EstimateSEInterpretation(signif)(signif)Pure0.0070.060the increase in N_attch brought about by
a 1 SD increase in temp with ele held

effect constant at an average temp

Total0.1560.051**the increase in N_attch brought about by
a 1 SD increase in temp with ele held
constant at the level resulting from that 1
SD increase in temp

* P<0.05 ** P<0.01 *** P<0.001

Indirect Effects

effect of temp that ARE mediated through ele

Effect	Estimate	SE	Interpretation
		(signif)	

Pure 0.418 0.047*** the increase in *N_attch* brought about by indirect increasing *ele* by the amount that would result from a 1 SD increase in *temp*, while holding *temp* constant at an average *temp*

 Total
 0.567
 0.073***
 the increase in N_attch brought about by increasing ele by an mount that would result from 1 SD increase in temp, while holding temp constant at that elevated level

* P<0.05 ** P<0.01 *** P<0.001

% mediated

- total direct effect = 0.156
- total indirect effect = 0.567
- total effect= 0.723
 - a 1 SD increase in *temp* brings about an increase of 0.723 in N_attch
- % of total effect mediated through ele = 78.4%
 - almost 80% of the effect of rising water temperature results from the impact of water temperature on infestation pressure (*ele*)

Mediation Analysis

- for attached lice
- rising water temperatures
 - interaction with ele
 - small positive direct effect
 - large positive indirect effect
 - overall almost 80% of *temp* effect mediated through ele

R: -medflex- vs -mediation-

- after completing this project ... discovered -mediation-
 - much easier to use and understand
 - handles much wider range of models
 - including NB
 - doesn't give direct access to counterfactuals
- comparison of:
 - linear model on log scale
 - NB regression

R: -medflex- vs -mediation-

Proportion mediated		
Model	linear (log)	NB
	-mdeflex-	-mediation-
mediator - ele	63%	65%
mediator – ele, ele ²	61%	59%
interaction between temp and ele	78%	84%



Terminology – no interaction

Stata	-medflex-	-medflex- decomposition	-mediation-
ACME	varnmame1	natural indirect effect	ACME
direct effect	varname0	natural direct effect	ADE
total effect	-	total effect	total effect
% of total effect mediated	_	_	propn. mediated

Terminology – interaction

Stata	-medflex-	-medflex- decomposition	-mediation-
ACME1	presented as model with:	total indirect	ACME (treatment)
ACME0	varnmame1	pure indirect	ACME (control)
direct effect 1	varname0	total direct	ADE (treatment)
direct effect 0	interaction term	pure direct	ADE (control)
total effect		total effect	total effect
avg. mediated		_	ACME (average)
avg. direct effect		-	ADE (average)
% of total		\$	Prop. mediated
mediated	C	FR	(average)

Mobile Lice



	Coeficient	Р	95% Confide	ence Interval
temp	-0.458	0.000	-0.666	-0.250
temp ²	-0.206	0.010	-0.364	-0.049
ele	0.626	0.000	0.446	0.807
ele ²	0.189	0.007	0.051	0.328
intercept	2.295	0.000	2.119	2.471
alpha	1.610		1.387	1.868

ER

• no evidence of variance inflation

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intercept	2.295	0.000	2.119	2.471
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- alpha ~=1.6, variance = μ + 2.6(μ ²)
- variance much larger than Poisson model
- rises quickly with high counts





Marginal Effects



Mediation Analysis

direct and indirect effects of temp

Effect	Estimate	SE (signif)	Interpretation
Natural direct effect	-0.43	0.054***	the increase in <i>N_mob</i> brought about by a 1 SD increase in <i>temp</i> with <i>ele</i> held constant at value seen at average <i>temp</i>
Natural indirect effect	0.34	0.038***	the increase in <i>N_mob</i> brought about by increasing <i>ele</i> by the amount that would result from a 1 SD increase in <i>temp</i> while holding <i>temp</i> constant at an average <i>temp</i>
Total effect	-0.1	0.046*	the overall decrease in <i>N_mob</i> brought about by increasing <i>temp</i> by 1 SD
		* P<0.05	5 ** P<0.01 *** P<0.001

Mediation Analysis

- for mobile lice
- rising water temperatures
 - direct effect = lower lice counts
 - indirect effect = higher lice counts
 - overall = borderline significant reduction in counts with rising temperatures
- counts rose with increasing ele at all temperatures



... more technical stuff

- Stata /R terminology
- a "peek under the hood"
 - looking at the simulated counterfactual data



A peek under the hood

- assume simple model with:
 - Y = continuous outcome
 - X = dichotomous factor of interest
 - M = dichotomous mediator



Ordinary regression model

$$Y = \beta_c + \beta_0 X + \beta_1 M$$

- β_c = intercept (not relevant)
- $\beta_0 = (direct)$ effect of X holding M constant
- β₁ = (direct) effect of M holding X constant

Mediation model

$$Y^c = \beta_c + \beta_0 X_0 + \beta_1 X_1$$

- X₀ = a synthesized X value taken from range of X values
- X_1 = original X value
- Y^c = counterfactual estimate of Y based on values of X₀ and M
 - β_c = intercept (not relevant)
 - $\beta_0 = (direct) \text{ effect of } X$
 - β_1 = (indirect) effect of X mediated through M

