

**ANNUAL GENERAL MEETING  
ASSOCIATION OF RETIRED UPEI EMPLOYEES**

**Tuesday November 13, 2018  
Room 243 MacDougall Hall**

**AGENDA**

Call to Order: 1:30 pm

1. Approval of Agenda
  - a. Opening Remarks
2. Minutes of 2017 AGM
3. Business Arising
4. President's Report Wayne Cutcliffe
5. Treasurer's Report Norine Hanus

Standing Order: 2:00 pm

6. Chaplaincy Centre: Student Support Sister Sue Kidd
    - a. Campus Food Bank
    - b. Soup/Chili Luncheons
  7. Health Trust Report Velma Affleck
  8. Jointly Sponsored Pension Plan Wayne Cutcliffe
  9. CURAC Annual Conference Wayne Cutcliffe
  10. Nominating Committee Report Bob Mahen
  11. Minute of Silence for Deceased Members
  12. New Business
  13. Adjournment
- In lieu of a reception, a donation is pledged to Chaplaincy Centre for their November 21 Soup Luncheon
  - Members are encouraged to bring non-perishable items for the Campus Food Bank.

**Membership Fee:** Yearly dues may be paid at the Annual Meeting  
**\$30.00 per year** (December 1 to November 30)

**Minutes of  
ANNUAL GENERAL MEETING  
Association of Retired UPEI Employees  
Tuesday November 13, 2018  
Room 243 MacDougall Hall**

**Present:** Velma Affleck, Eileen Blanchard, David Cairns, Rosaleen Chaisson, Rev. Charlie Cheverie, Ron Collins, Wayne Cutcliffe, Isabel DesRoche, Cathy Dillon, Shirley Dillon, Doreen Foster, Frances Gray, Ed Hanus, Norine Hanus, Allan Hughes, Peggy Leahey, Michael Liu, Susan Loucks, Grant MacDonald, Scott MacDonald, Kaye Martell, Virginia McCarvill, Georgina Mulligan, Glenn Palmer, Zita Roberts, Kathleen Ross, Cirill Schmidt, Meredith Trainor

**Regrets:** Ron Irving, Bob Mahen, Terry Pratt, Murray Stevenson

**1. Agenda**

The meeting convened at 1:30 with 28 members in attendance. Acting President Wayne asked for approval of the Agenda. Motion made by Dave Cairns and seconded by Ron Collins. All approved with no additions.

**2. Minutes of 2107s AGM**

The Minutes of the 2017 AGM were presented. Wayne pointed out about the efforts made to update the e-mail addresses of retirees, so postage costs could be avoided, and update any telephone numbers also, so contact can be made to as many retirees as possible.

**3. Business Arising**

There will be a "Triple C" event (Coffee, Conversation, Contribution) to be held Nov. 27/2018 from 9:30-11:00 a.m. at the Alumni Office on University Avenue. The Alumni Office will provide the coffee, tea. The Alumni Office will also provide receipts for any monetary donations of \$10.00 or more to the UPEI Chaplaincy Centre Food Bank.

Discussion about the February Luncheon suggested having someone speak about the Health Trust, explain the Plans, and answer retiree questions.

**4. President's Report**

Wayne started by thanking those individuals who served on the Executive this past year.

- Doreen Foster (Secretary), Norine Hanus (Treasurer), Bob Mahen (Past President)
- Five Directors Velma Affleck, David Cairns, Ron Collins, Fran Gray, Kay Ross.

We plan for three major events; namely

- i. the AGM in November,
- ii. a UPEI focused event in February (not held in 2018) and
- iii. the "Annual Ferne and Murray Stevenson Spring Social" in June.

The Executive meets in advance to plan these events and any other meetings plus emails as required. As well last December 19, we invited the membership for "Coffee and Conversation" at Smitty's restaurant which attracted 19 retirees who enjoyed the event. This year, we booked a coffee event for Tuesday November 27 at the Alumni Office on University Avenue.

Communication with and increasing membership is an ongoing issue. In 2018, we have 50 members which is consistent with recent years. Our preferred method of communication is email; David Cairns and Wayne made concerted efforts to obtain current and correct invalid emails. For those members without emails, Velma Affleck and Kay Ross is our informal telephone committee. This results in being able to contact approximately 150 retirees living on PEI about our events. (We do not have contact information for about 90 names.) In reality, we do not have sufficient funds for mass postal mailing to retirees. If a telephone call from a member results in a request for a hard copy, then we honor their request.

At our request, Megan Gee, Employee Benefits Officer, provided us with employee names who retired in the last three years, 2016 to 2018 along with any deaths in 2018.

The web page on the University website is still a work in progress as the information needs updating. Shawn Arsenault is our contact who can give us access and help with its maintenance.

Each year, our Association is invited to do a presentation (approximately 20 minutes) during the University's Pre-Retirement Seminar, usually in May. Barb Mullaly developed a set of slides which Wayne modified over the last two years focusing on healthy lifestyles in retirement along with the benefits of membership in the Association of Retired UPEI Employees.

On May 24-25, Wayne was able to attend the annual CURAC (College and University Retiree Associations of Canada) Conference hosted by Dalhousie University. From our perspective, it was a worthwhile endeavour as he got to meet, share ideas and develop contacts with other retiree associations. CURAC is very interested in UPEI hosting their annual conference with 2022 the next opportunity.

The "Annual Ferne and Murray Stevenson Spring Social" was held at the Fox Meadows Golf Course on June 18 with 50 people attending. Due to the rainy weather, only three brave golfers ventured out for nine holes of golf. A new option this year was the opportunity for people to participate in social games (cribbage, crokinole) before the reception and barbeque. Good friendship and a delicious meal were enjoyed along with a few prizes for lucky individuals. The Executive contributes to the success of this event; a thank you is extended to Bob Mahen for leading its organization.

The retirees association was invited to bring greetings to the Honourable Catherine Callbeck during her installation as the Chancellor of the University of Prince Edward Island on Saturday, September 29<sup>th</sup>. Public events like this ceremony present an opportunity to bring awareness of our Association to the University and the Island community.

In conclusion, with ideas gained from the CURAC conference along with suggestions from our members, we anticipate a rewarding year in 2019 and hopefully an increase in our membership.

## 5. **Treasurer's Report**

Norine Hanus presented a current treasurer's report for the past year.

Previous year balance of \$748.59 + Yearly income of \$2,042.26 gives

Total Income           \$2,790.85

Total Expenses         \$2,498.63

Bank balance on November 13, 2018 was \$292.22

(Refer to attached Financial Statement)

Norine noted that the discrepancy in membership fees (\$1500 vs \$1412) is because some members paid in 2017 for two years (and someone actually paid \$32!).

On the expense side, the association paid for Wayne's registration fee at the CURAC Conference at Dalhousie in May.

## **6. Chaplaincy Centre: Student Support**

Sister Sue Kidd was unable to attend the AGM, but two students, Lorelei Kenny, UPEI Chaplaincy Centre Student Intern, and Hillary Isleifson, UPEI Food Bank Assistant, who devote their time to the Chaplaincy Centre came to speak. They spoke about the Campus Food Bank and the Social Outreach program and events. The students have a garden outside the Centre that is tended by the students. There are some business sponsors of products, and campus food drives. About 60 students use the Centre weekly. Muslim students are the largest population at the Centre. The Centre has three "Soup for the Soul" events each semester, and two Chili Luncheons during exams in December and April. There are also two Pancake Breakfasts. All faiths are celebrated and valued. The Chaplaincy Centre has its own website.

## **7. Supplementary Health Care Trust Report**

Velma Affleck presented an update on the Health Trust Report for retirees. There is no increase in premiums for the 2018/2019 fiscal year as there is a large surplus in the Plan. Velma reported there could be a lot more work next year for the Plan.

Velma reported on changes to the Staff health plan with the addition of a Managing Chronic Disease Program and a Glucose Monitoring System. (Refer to Appendix 1)

Faculty and Staff have some differences in their health plans. For clarification, retirees can access information on the UPEI Website, under Resources for Retirees.

Go to: [www.upei.ca/hr/resources-retirees](http://www.upei.ca/hr/resources-retirees)

## **8. Jointly Sponsored Pension Plan (JSPP)**

Wayne spoke with Wayne Peters last spring about having someone speak to the retirees about the new structure for the pension plan. Since the plan is almost fully funded and the next 3-year review is April 2019, we should wait until this review is completed.

Wayne Cutcliffe gave an overview for this "Jointly Sponsored Pension Plan". It was adopted by the four unions and the employer (University) and came into effect on January 1, 2017.

The JSPP concept is

- Decision making and contributions are shared by plan members and the employer
- Provides defined benefits
- Contributions are made by both members and their employer

The decision making is jointly shared by the employer and its members. This includes decisions about terms, conditions, any amendments and appointment of a plan administrator.

With respect to contributions, plan members and the employer are responsible for dealing with any fund deficiencies. It should be noted that pension benefits cannot be reduced (unless the plan is closed).

The JSPP Structure consists of two boards.

- i. A Sponsor Board oversees the pension plan. The Employer has four (4) representatives and the Members (4 Unions) each have a representative. The co-chairs are Ron Keefe (Board of Governors) and Wayne Peters (Unions).
- ii. A Board of Trustees is the administrator of the plan (i.e. day-day management). It has an equal number of employer and member representatives and uses the co-chair model. Also, there are two (2) retired non-voting members: one appointed by the employer (Kathy MacKenzie) and one by unions (Betty Jeffery).

## 9. CURAC Annual Conference

In May, Wayne attended the College and University Retiree Associations of Canada (CURAC) annual conference hosted by the retiree associations of Dalhousie and St Mary's. The conference presented a great opportunity to interact with other retiree associations along with meeting people on the national CURAC board. CURAC reported that approximately 60 attended the conference representing 25 universities/colleges.

There were two full days of presentations and discussions divided into four half-day sessions.

Session 1: featured round table discussions within small groupings of representatives.

Session 2: speaker presentations on community concerns (Ocean topics; Decisions about Aging)

Session 3: devoted to health issues (Deprescribing pills; Living with Dementia)

Session 4: higher education for seniors; followed by closing discussions.

The evening banquet (after session 2) included the CURAC awards followed by an intense and very personal speech by Senator Wanda Thomas Bernard on the ongoing African struggles for recognition and justice in Canada.

The national executive is very interested in coming to PEI for their annual conference most likely in the spring of 2022; McGill is hosting the 2021 conference. Over the coming months we need to make a decision on whether or not we want to accept this invitation.

(Refer to Appendix 2 for listing of the conference program)

## 10. Nominating Committee Report

Ron Collins was asked to present the nominating report since Past President Bob Mahen was unable to be in attendance.

He noted that nominations for 2-year terms are open for:

President, Vice President, Treasurer and a maximum of three Directors

The following people agreed to let their name stand for election

President	Wayne Cutcliffe
Vice President	<no nominations received>
Treasurer	Allan Hughes
Director	Velma Affleck
Director	Betty Jeffery
Director	Rosemary Herbert

These individuals completed the first year of their 2-year terms.

Doreen Foster	Secretary
Fran Gray	Director
Kaye Ross	Director
Ron Collins	Director

Ron Collins called for further nominations from the floor. With no further nominations, these persons were elected to their respective positions. The Vice President position is open and could be filled by the Executive until the next AGM.

#### **11. Minute of Silence for Deceased Members**

We remember our UPEI colleagues who passed away in 2018

Harry Baglole (Island Studies),	Joseph Baglole (Maintenance),
Satadal Dasgupta (Sociology & Anthropology),	Catherine Holland (Security),
Baird Judson (Engineering),	Ninian LeBlanc (Biology),
Isabel MacIsaac (Library),	Coleman O'Hare (English),
Frank Pigot (Library),	John Smith (English)

And at the 2017 AGM we omitted the name of William Robertson (Extension)

Fran Gray asked that we remember Reg Stuart who taught for several years at UPEI.

A Minute of Silence for observed for these individuals.

#### **12. New Business**

Zita Roberts asked if there could be better communication between UPEI and the Retirees Association to notify members of deceased retirees and UPEI community of representation at their funerals. Also we need a better way to raise awareness of their contributions to UPEI and community. Dave Cairns suggested perhaps a Legacy Site could be established for tributes. A conversation with UPEI administration was suggested.

#### **13. Adjournment**

Dave Cairns motioned to adjourn.

Respectfully Submitted,

Doreen Foster  
Secretary

## Appendix 1 SUPPLEMENTARY HEALTH TRUST REPORT

### Staff Supplementary Health & Dental Plan

2017/2018 FISCAL YEAR: Approved 2017-2018 Trust Budget

May 1, 2018 renewal - Morneau and Shepell (Consultant and Carrier) recommended an increase of 22.2% increase in Health fees and a 12.4% decrease in Dental fees for the upcoming year.

However, due to the high surplus in the plan the committee agreed to **no change in premiums for the 2018/2019 fiscal.**

#### CHANGES TO BENEFITS:

Effective May 1, 2018 the Trust added these benefits to the plan:

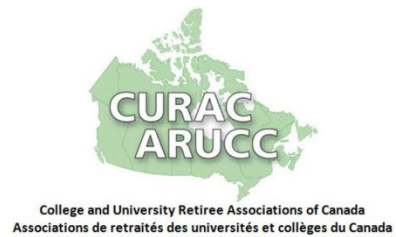
1. **The Managing Chronic Disease Program.** This benefit provides coverage for personalized support to better understand your chronic condition and manage it. Services are provided by a specialized network of health professionals, and are available without a doctor's referral. It's health care on your terms to help you live better. The program includes support for members through one-on-one consultations, for individuals living with: asthma or COPD, diabetes, high cholesterol or high blood pressure and looking to quit smoking.
2. **Glucose Monitoring System** - charges for continuous blood glucose monitoring transmitters and sensors has been added to "Other Medical Services and Supplies" under your extended health benefits.

For information on your benefit coverage, UPEI Human Resources has "Resources for Retirees"

Go to: [www.upei.ca/hr/resources-retirees](http://www.upei.ca/hr/resources-retirees)

## Appendix 2: CURAC Conference Program

Dalhousie University May 23-25, 2018



CURAC Website: [www.curac.ca](http://www.curac.ca)

The CURAC Board met on Wednesday afternoon prior to the conference registration and reception on Wednesday evening. Dalhousie University was celebrating their 200<sup>th</sup> year anniversary.

### Thursday Morning Sessions: **Round Table Discussions**

- Learning from Each Other - Best Practices in Retiree Associations
- Roundtables on CURAC focus: Association Concerns? Health? Benefits? (groups summarize their discussions and report back)

### Thursday Afternoon: **Community Concerns**

- Ocean related topics: The Ocean Frontier Institute  
“Leading the Way: how post-secondary institutions are creating an opportunity for Canada” (Dr. Wendy Watson-Wright)
- “Why Do We Act Like Peter Pan When It Comes to Decisions About Aging in Place?” (Don Shiner, MSVU)
- CURAC Annual General Meeting (Wayne was a voting delegate for ARUPEI Employees)

### Thursday Evening: **Awards Banquet and Speaker**

Senator Dr Wanda Bernard, the guest speaker, on the topic “Africans in the Promised Land: The Ongoing Struggle for Recognition, Justice and Development in Canada”

### Friday Morning Sessions: **Health Issues**

- “De-prescribing: It’s no dream. Sleep Well without Sleeping Pills” (David Gardner, Dalhousie)
- Speaker and a Panel: “Living with Frailty and Dementia”  
The speaker was Dr. Samuel Searle, geriatrician  
Panel: Perspectives on Alzheimer’s Disease (Faye Forbes on her Personal Experiences, Linda Bird on Support Systems, Wanda Fedora, hygienist, on Oral Health)

### Friday Afternoon: **Higher Education for Seniors**

- Panel on SCANS (Seniors College Association of Nova Scotia)  
Presentations included a brief history of SCANS, overview of the seniors college administration, followed by a sampling of popular courses.
- Closing Discussions on the conference by delegates.



## ASSOCIATION OF RETIRED U.P.E.I. EMPLOYEES

Financial Statement: November 24, 2017 to November 13, 2018

Balance forward		748.59
<b>INCOME</b>		
Membership fees	1,412.00	
BBQ income	630.00	
Interest	.26	
Income	2,042.26	
<b>Total income</b>		<b>2,790.85</b>
<b>EXPENSES</b>		
2017 AGM luncheon	340.92	
CURAC fees	37.50	
CURAC conference registration	180.00	
BBQ dinner	1,810.00	
Bank fee	2.50	
Printing	57.60	
Postage	70.11	
<b>Total expenses</b>		<b>2,498.63</b>
Balance in the bank on November 13, 2018		292.22