Association of Retired UPEI Employees 24TH FERNE AND MURRAY STEVENSON SPRING SOCIAL

Retirement: An Active Lifestyle Connect, Commit, Give Back



Day:	Wednesday, June 14, 2023
Time:	11:30am – 2pm
Place:	Room 142
	Andrew Hall, UPEI

How do people stay active in their senior years? We invite some seniors and check in on their active lifestyle.

<u>Here's the plan</u>

- Come starting at 11:30 am
 - Socialize with colleagues while enjoying a glass of fruit punch
- 12:00 pm Development&Alumni Engagement on the impact of student support
- 12:20 pm Enjoy a Buffet Luncheon
- 1:00 pm Three person panel on Volunteering, Socializing, Positive Thinking and Engaging your Passions, incorporating your questions/stories.

<u>The Cost</u>

- ✓ \$25 UPEI Retiree member; \$50 Member with a Guest
- ✓ \$35 Non-members

Monies will be collected at the entrance starting at 11:30 am.

Make any cheques payable to "Association of Retired UPEI Employees"

We need to know if you will attend and if bringing a guest, Please RSVP to this email **no later than June 7**, 2023. Also, state any dietary restrictions when registering; a vegetarian meal can be requested.

<u>Seating is limited</u>: **Reserve early** to avoid disappointment.

Once registered, you may cancel until 11 am on Monday June 12th. <u>If you reserve and do not attend, you are **expected to pay** for this meal.</u>

Hope you will join us to reconnect and share your retirement story Yes, we have name tags ©